

Please recycle to a friend.

ORIGAMIPOEMS.COM
or email us at:
origamipoems@gmail.com

Cover photo by Jan Keough

Origami Poetry Project

ACCEPTANCE
by Louise Giguere
© 2011

ACCEPTANCE



Louise Giguere

Equilibrium

Alls quiet in my mind, a slight wheezing in my chest;
reminding me I'm still alive and breathing.
Yes! Celebrating; as needed, puffs on the inhaler.
This night, so calm and silent; except the lazy hum
of the central air; lulling me to a safety zone, that all
is well; thankful to be...me; someone's parent;
someone's grand parent; someone's lover;
someone's friend. I can dream the latter, can't I?
Woman-child I am.
Dreams of flexibility, in dance and movement; so
easy; with grace and style; subtle body language;
stretching my limbs; reaching out; enveloping love.

Once again; the soft song of sweetness secure;
in my heart; in my spirit strong...who would ever
know; my need; my longings to grow; ever so slowly
to the height of awareness.
For me is, the reality of oneness; from chaos; to a
separate witness experienced.
Oh my, oh my; long winded and breathless at the
same time, countless, this measured breath of mine.
Synchronize; harmonize...scaling the walls to the
other side; to life; to freedom; to music; to words; to
Poetry All....Great Timing! The balance of it all!

Acceptance

Guitar improvisation-interpretive poem

Memories, in my body and mind, from ages past,
war, famine, human connection,
birth, death, ageless celebration.
My heart soars to the top of mountainous challenges; realizing my
limits; mellowing to acceptance
It's a happy time of dancing and making song, the sad and lonely time;
ending in peace and contentment.
A symbol, an idea, innovation, to the artist existence, simplifies,
validates and communicates longing in my soul.
Waiting through the creative mind, sensing the lifting lyrics of love,
the music of life, laughter and lamentations.
No matter what awakenings, our artistic spirits will endure; will endear
hope and harmony; honoring creative energy.